

# PG VOICE

A Publication of Pleasant Green Missionary Baptist Church 7545 S. Vincennes Ave. – Chicago, IL 60620

Fall Issue 2011

## *The Man of God (Senior Servant)*

*On September 25, 2011 the Pleasant Green Missionary Baptist Church celebrated our Man of God ~ Rev. Dr. Walter Wendell Matthews, Sr.*

*For the past 10 years Rev. Matthews has been the shepherd over the PG flock, but his mission doesn't stop there. He led the charge to take the church to the street. His belief was and continues to be that the church can't stay within the four walls of a structured building but in order to reach the community we have to take to the streets. The street witnessing and street corner church has resulted in many souls coming to Christ and many more asking for prayer.*

*Pastor Matthews has insured that the peoples "voice" is heard. He actively sits on many boards and committees including but not limited to HIV/AIDS to education.*

*His congregation is always on his mind. He knows the power of corporate prayer and on occasion he has invited 100 members to join him on a 5:00 a.m. conference call.*

*Pastor Matthews is always on the go and it is for this reason I know God blessed him with a wonderful and beautiful woman of God. First Lady Deborah Matthews is probably the only person who can get Pastor to slow down and take a breath. But then again she's a dynamo herself. She is very passionate about the church's breast cancer awareness and education program. She truly loves the babies of the church. Every year she is in attendance at the Pink Lemonade Social for young ladies, interacting with each and every little girl.*

*Pleasant Green has truly been blessed with a dynamic duo. We are thankful to God for sending us this great man of God in the person of Pastor Matthews. We are excited to see what the future will bring and we 'Expect the Great....'*

*Congratulations to Pastor Matthews and Family on 10 years as our Senior Servant. We are truly blessed.*

# Anita's Pen

I have a question for you. Have you ever thought about what is your part in building God's kingdom? I mean we come to church on Sunday and think we've really done our part for God. But I just wonder how we would feel if God treated us in the same manner.

Our work starts at PG but it doesn't end there. How many times have you welcomed a visitor outside of the quick hand shake during morning service? Have you offered them a smile and a kind word? For that matter when was the last time you had something nice to say to your fellow Christians? We need to take time to really follow the teaching of Jesus. You are charged by your faith to be a light drawing people unto Christ and the best way to do this is to show yourself friendly ,,,,,SMILE

People are looking at you. For those who are in the fellowship of Christ they can draw inspiration from your smile. Those who don't know Christ they will be drawn to him because of you. They see you smiling and praising God during your test. Like the words of the song, "Smile you look so much better when you smile".



It takes 100 muscles to frown, but only 2 to smile. A smile is infectious. If you smile at someone the chances are excellent that they will return your smile. Just think, you could start a worldwide phenomenon one smile at a time. Here's my challenge to you the next time you see me just give me a smile and I'll give you one.

So take up your cross, put on your breastplate of righteousness, pick up your bible and smile. Like the song says even though it hurts you, smile. When trouble comes your way and it will, just keep smiling.

## Car Air-conditioning - Very Important!!!!

No wonder more people are dying from cancer than ever before. We wonder where this stuff comes from but here is an example that explains a lot of the cancer causing incidents.

Many people are in their cars first thing in the morning and the last thing at night, almost 7 days a week.

**Question:** My car hand book says to roll down the windows to let out all the hot air before turning on A/C. Why is that? I have heard that it is very important to do that for health reasons!

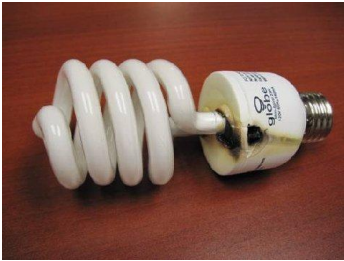
**Answer:** Car A/C (Air Conditioning) MUST READ!!! Please do NOT turn on A/C as soon as you enter the car. Open the windows after you enter your car and then turn ON the AC after a couple of minutes.

Here's why: According to research, the car dashboard, seats & even air freshener all emit Benzene, a Cancer causing toxin! (Carcinogen - take time to observe the smell of the heated plastic in your car). In addition to causing cancer, Benzene poisons your bones, causes anemia and reduces white blood cells. Prolonged exposure will cause leukemia, increasing the risk of cancer and also may lead to miscarriage. Acceptable Benzene level indoors is 50 mg per sq. ft.

A car parked indoors with windows closed will contain 400-800 mg of Benzene. Parked outdoors in the sun at a temperature above 60 degrees F, the Benzene level goes up to 2000-4000 mg that is more than 40 times the acceptable level. People who get into their car, keeping all windows closed will inevitably inhale, in quick succession, excessive amounts of this toxin. Benzene is a toxin that affects your kidney and liver. What's worse, it is extremely difficult for your body to expel this toxic stuff.

So friends, please open the windows and doors of your car to give the interior time to air out - to dispel this deadly stuff - before you enter the vehicle! Please pass this on to as many people as possible. Guess it's not too late to make some changes.

# FYI - CFL Lights



This concerns CFL light bulbs. This bulb was in my bathroom when I turned it on the other day and then smelled smoke after a few minutes. Four inch flames were spewing out of the side of the ballast like a blow torch! I

immediately turned off the lights. But I'm sure it would have caused a fire if I was not right there. Imagine if the kids had left the lights on as usual when they were not in the room.

I took the bulb to the Fire Department to report the incident. The Fireman wasn't at all surprised and said that it was not an uncommon occurrence. Apparently, sometimes when the bulb burns out there is a chance that the ballast can start a fire. He told me that the Fire Marshall had issued reports about the dangers of these bulbs.

Upon doing some Internet research, it seems that bulbs made by "Globe" in China seem to have the lion's share of problems. Lots of fires have been blamed on misuse of CFL bulbs, like using them in recessed lighting, pot lights, dimmers or in track lighting. Mine was installed in a normal light socket.

I bought these at Wal-Mart. I will be removing all the Globe bulbs from my house. CFL bulbs are a great energy saver but make sure you buy a name brand like Sylvania, Phillips or GE and not the ones from China.

## *Listen to Your Heart!!*

Submitted By Carmencia Harris

We did not know that you should not lie down while waiting for the EMT. Heart attack info NEW ASPIRIN/ Serious stuff, no joke!!

Just a reminder to all: purchase a box, keep one in your car, pocketbook, wallet, bedside, etc. IMPORTANT READ.....Something that we can do to help ourselves.

Nice to know. Bayer is making crystal aspirin to dissolve under the tongue. They work much faster than the tablets.

Why keep aspirin by your bedside?

There are other symptoms of an heart attack besides the pain on the left arm. One must also be aware of an intense pain on the chin, as well as nausea and lots of sweating, however these symptoms may also occur less frequently. Note: There may be NO pain in the chest during a heart attack

The majority of people (about 60%) who had a heart attack during their sleep, did not wake up.

However, if it occurs, the chest pain may wake you up from your deep sleep.

If that happens, immediately dissolve two aspirins in your mouth and swallow them with a bit of water. Afterwards: CALL 911 - say "heart attack!"

- say that you have taken 2 aspirins.
- phone a neighbor or a family member who lives very close by
- take a seat on a chair or sofa near the front door, and wait for their arrival and...DO NOT lie down

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Thanks to Shirley Ostrander

01-15-2004

HOW COME THE WAITRESS GETS 15% AND GOD ONLY GETS 10%?

# A Christian

Submitted By Gwen Summers

When I say that 'I am a Christian', I am not shouting that I am clean living.

I'm whispering 'I was lost, but now I'm found and forgiven.'

When I say 'I am a Christian' I don't speak of this with pride. I'm confessing that I stumble and need Christ to be my guide.

When I say 'I am a Christian' I'm not trying to be strong.

I'm professing that I'm weak and need His strength to carry on.

When I say 'I am a Christian' I'm not bragging of success.

I'm admitting I have failed and need God to clean my mess.

When I say 'I am a Christian' I'm not claiming to be perfect.

My flaws are far too visible, but God believes I am worth it.

When I say 'I am a Christian' I still feel the sting of pain.

I have my share of heartaches, so I call upon His name.

When I say 'I am a Christian' I'm not holier than thou,

I'm just a simple sinner who received God's good grace, somehow!

## Christian Business Exchange

This section of the PG Voice is dedicated to the purpose of informing our readers of individuals in business and those possessing creative talents.

Have your business listed in the PG Voice. Just give us your information with a contribution toward the publishing of the Voice. Don't forget to mark your envelop - It's just that easy.

Avon Viola Ashmeade (773) 994-1192 Pamela McCray (773) 785-7665
Hair Stylist- Ms. V's Beauty Zone Viola Ashmeade (773) 994-1192 voice mail
Hauling and Electric Sewer Rodding Vodies McVey (773) 568-8907 pager (312) 614-2041
Insurance Christopher D. Watson Agency (773) 468-4015; e-mail cwatso1@AMFAM.com
Pamper Chef Elaine Pheloan (773) n846-2063
Party Rentals Champagne Fountains, Wedding Arches & more Salevani/ Anita M. Winston (773) 874-2858
Real Estate Clarence Johnson & Associates Bus. (773) 846-5108 Fax (773) 846-0249 Cell (312) 330-4036



# BANK ACCOUNT!!!

Submitted By Pamela McCray

This is AWESOME ... something we should all remember.

A 92-year-old, petite, well-poised and proud man, who is fully dressed each morning by eight o'clock, with his hair fashionably combed and shaved perfectly, even though he is legally blind, moved to a nursing home today.

His wife of 70 years recently passed away, making the move necessary. After many hours of waiting patiently in the lobby of the nursing home, he smiled sweetly when told his room was ready.

As he maneuvered his walker to the elevator, I provided a visual description of his tiny room, including the eyelet sheets that had been hung on his window. I love it,' he stated with the enthusiasm of an eight-year-old having just been presented with a new puppy. Mr. Jones, you haven't seen the room; just wait.'

'That doesn't have anything to do with it,' he replied.

Happiness is something you decide on ahead of time.

Whether I like my room or not doesn't depend on how the furniture is arranged ... it's how I arrange my mind. I already decided to love it. 'It's a decision I make every morning when I wake up. I have a choice; I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the ones that do. Each day is a gift, and as long as my eyes open, I'll focus on the new day and all the happy memories I've stored away.. Just for this time in my life.

Old age is like a bank account. You withdraw from what you've put in.

So, my advice to you would be to deposit a lot of happiness in the bank account of memories!

Thank you for your part in filling my Memory Bank. I am still depositing.

'Remember the five simple rules to be happy:

1. Free your heart from hatred.
2. Free your mind from worries.
3. Live simply.
4. Give more.
5. Expect less.

# WD-40 uses:

Submitted By

1. Protects silver from tarnishing.
2. Removes road tar and grime from cars.
3. Cleans and lubricates guitar strings.
4. Gives floors that 'just-waxed' sheen without making them slippery.
  5. Keeps flies off cows.
  6. Restores and cleans chalkboards.
  7. Removes lipstick stains.
  8. Loosens stubborn zippers.
  9. Untangles jewelry chains.
  10. Removes stains from stainless steel sinks.
  11. Removes dirt and grime from the barbecue grill.
  12. Keeps ceramic/terra cotta garden pots from oxidizing.
  13. Removes tomato stains from clothing.
  14. Keeps glass shower doors free of water spots.
  15. Camouflages scratches in ceramic and marble floors.
  16. Keeps scissors working smoothly.
  17. Lubricates noisy door hinges on vehicles and doors in homes.
  18. It removes black scuff marks from the kitchen floor! Use WD-40 for those nasty tar and scuff marks on flooring. It doesn't seem to harm the finish and you won't have to scrub nearly as hard to get them off. Just remember to open some windows if you have a lot of marks.
  19. Bug guts will eat away the finish on your car if not removed quickly! Use WD-40!
  20. Gives a children's playground gym slide a shine for a super fast slide.
  21. Lubricates gear shift and mower deck lever for ease of handling on riding mowers.
  22. Rids kids rocking chairs and swings of squeaky noises.
  23. Lubricates tracks in sticking home windows and makes them easier to open..
  24. Spraying an umbrella stem makes it easier to open and close.
  25. Restores and cleans padded leather dashboards in vehicles, as well as vinyl bumpers.
  26. Restores and cleans roof racks on vehicles.

## 5 Things You Never Knew Your Cell Phone Could Do

(Submitted by Verria Lee-Evans)

For all the folks with cell phones. (This should be printed and kept in your car, purse, and wallet. Good information to have with you.) There are a few things that can be done in times of grave emergencies. Your mobile phone can actually be a life saver or an emergency tool for survival.

Check out the things that you can do with it:

### FIRST (Emergency)

The Emergency Number worldwide for Mobile is 112. If you find yourself out of the coverage area of your mobile network and there is an Emergency, dial 112 and the mobile will search any existing network to establish the emergency number for you, and interestingly, this number 112 can be dialed even if the keypad is locked. Try it out.

### SECOND (Locked Keys in Car)

Have you locked your keys in the car? Does your car have remote keyless entry? This may come in handy someday. Good reason to own a cell phone:

If you lock your keys in the car and the spare keys are at home, call someone at home on their cell phone from your cell phone. Hold your cell phone about a foot from your car door and have the person at your home press the unlock button, holding it near the mobile phone on their end. Your car will unlock. Saves someone from having to drive your keys to you. Distance is no object. You could be hundreds of miles away, and if you can reach someone who has the other 'remote' for your car, you can unlock the doors (or the trunk).

*Editor's Note: It works fine! We tried it out and it unlocked our car over a cell phone!!*

### THIRD (Hidden Battery Power)

Imagine your cell battery is very low. To activate – press the keys \*3370#. Your cell phone will restart with this reserve and the instrument will show a 50% increase in battery. This reserve will get charged when you charge your cell phone next time.

### FOURTH (How to disable a STOLEN mobile phone?)

To check your Mobile phone's serial number, key in the following Digits on your phone:

\*#06#.

A 15-digit code will appear on the screen. This number is unique to your handset. Write it down and keep it somewhere safe.

If your phone is stolen, you can phone your service provider and give them this code. They will then be able to block your handset so even if the thief changes the SIM card, your phone will be totally useless. You probably won't get your phone back, but at least you know that whoever stole it can't use/sell it either. If everybody does this, there would be no point in people stealing mobile phones.

*And Finally....*

### FIFTH (Free Directory Service for Cells)

Cell phone companies are charging us \$1.00 to \$1.75 or more for 411 information calls when they don't have to. Most of us do not carry a telephone directory in our vehicle, which makes this situation even more of a problem. When you need to use the 411 information option, simply dial:

**1-(800) FREE411 or 1-(800) 373-3411**

Without incurring any charge at all. Program this into your cell phone now. *This is sponsored by McDonalds.*

## Who do you think of :



## The Bible vs Cell Phones

Ever wonder what would happen if we treated our Bible like we treat our cell phone?

What if we carried it around in our purses or pockets?

What if we flipped through it several times a day?

What if we turned back to go get it if we forgot it?

What if we used it to receive messages from the text?

What if we treated it like we couldn't live without it?

What if we gave it to Kids as gifts?

What if we used it when we traveled?

What if we used it in case of emergency?

This is something to make you go....hmm...where is my Bible?

Oh, and one more thing.

Unlike our cell phone, we don't have to worry about our Bible being Disconnected because Jesus already paid the bill.

Makes you stop and think 'where are my priorities? And no dropped calls!

When Jesus died for us, he was thinking of you!

## BIBLE BOOKS

Z M A C A C T S T N A H U M U  
E A H B O J G J I F C L E F V  
C T E I C L F B T C M P H G Z  
H T H A E N O D U K H L D E Y  
A H E G D B J S S E M H I N X  
R E X O D U S P S H A L C E X  
I W K C I C H I K I P H I S Z  
A H B H A L A R A P A Q E I X  
H L G K L N D S Q N J N R S W  
J U D E S T I T C H A E S O H

GENESIS  
EXODUS  
MATTHEW  
ACTS

EPHESIANS  
NAHUM  
HOSEA  
JUDE

TITUS  
COLOSSIANS  
ISAIAH  
ZECHARIAH

This puzzle was created and submitted by  
Elizabeth Armor

*If you have a concern or comment drop us a line. You don't even have to sign your name. Here is your chance to speak out and tell us what you think. Share your ideas. Join our PG Staff; we'd love to work with you!!!*

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# Chris's Hot Points

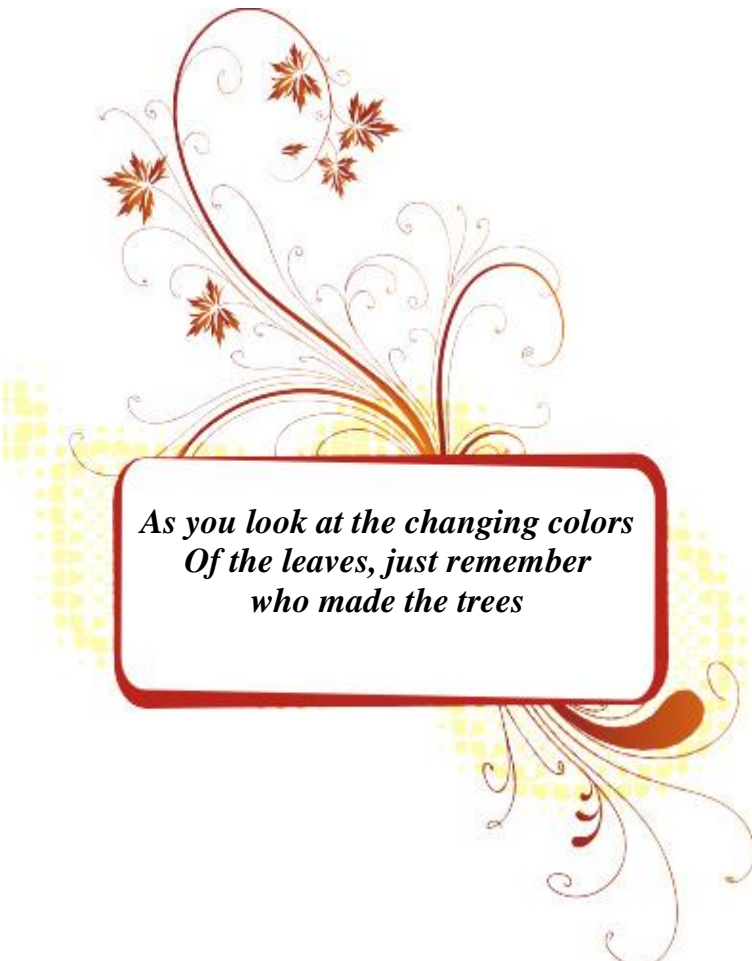
What's up Family, it's been a while but we are back. This summer we had our annual youth revival entitled "Youth Fanatical For Christ" (Romans 1:16). We kicked it off with our very own Minister Todd Campbell, Jr. followed by Minister Tim White, Minister Deonna Shelton, Youth Minister at Greater Canaan MB Church and climax with Rev William Staten, Jr., Youth Minister at Calvary MB Church. What a time, what a time, what a time! During this revival I spoke to the youth and was ask to share that information in this edition of PG Voice.

## "The 7-Ups To Be Successful In These Times"

1. Wake up – Decide this is the day that the Lord has made and I will rejoice and be glad in it.
2. Dress up – Dress for success! No pants hanging down looking like a clown.
3. Shut up – Say nice things and learn to listen. God gave us two ears and one mouth so he must have meant for us to do twice as much listening than talking.
4. Stand up – Stand up for what you believe in. If you don't stand for something you will fall for anything.
5. Look up – All things are possible through Jesus Christ. Don't give up, grow up!
6. Reach up – Trust in the Lord with all your heart and lean not unto your own understanding.
7. Lift up – Do not worry about anything instead pray about everything.

That concluded "The 7-Ups to be Successful in these Times". Being at my home church I decided to give them one more for free. It was to BEWARE of the strippers. The sanctuary went silent and some blank looks was on some faces. This is one of the problems many of us have. We have hooked up with a stripper. Look in the mirror and ask yourself, "Have I been with a stripper?" No, No. No, I am not talking about one who swings off a pole and take off their clothes. I am talking about that person that strips you of all your hopes, dreams and joy! Now ask yourself again have you been with a stripper! I'm out family, love you much! You know how to find me just look up. (LOL)

**\*\*\*All nights of the youth revival and any service is available on compact disk for a donation of five dollars.\*\*\***



*As you look at the changing colors  
Of the leaves, just remember  
who made the trees*

# *The Celebration*

In our lead story we talked a little bit about the Pastor's 10<sup>th</sup> Anniversary. But in follow up I'd like to talk about what a wonderful time it was.

The Pastor's Aid Ministry kicked off the celebration by hosting a pre-anniversary banquet in the Alma Newton Fellowship Hall on Friday night. The Hall was transformed into something spectacularly beautiful with a glittering and shimmering scene in gold and black thanks to the expertise of Sis. Anita Winston and her most capable assistants. Attendees were greeted with the sight of an enchanted dancing fountain and every table was decorated with lit centerpieces. Guests were seated and served (no standing in line this time). The menu consisted of smothered chicken and dressing, macaroni and cheese, greens, rolls, punch and dessert. The program with Deacon Strode as toastmaster was full of tributes and encouraging words for Pastor and family. The evening climaxed with a requested solo from Sis. Helen Wilks.

The celebration continued on Saturday with a surprise dinner and visit. For the first time in history Pastor Matthews was speechless when he walked into the fellowship hall and was greeted with approximately 75 to 100 guests from his former congregation, Hopewell Baptist in Carbondale, IL. and out of town friends, associates and family from as far as Atlanta, GA. It was a great evening.

The tenth annual celebration climaxed on Sunday with three worship services and guest speakers for each service. The 8:00 a.m. service with Rev. Leon Thompson, Pastor of Canaan Baptist Church, at 10:30 a.m. with Rev. Raymond McDonald, Pastor of Metropolitan Baptist Church in Gary, IN, and at 3:30 p.m. with Rev. Marshall Hatch, Pastor of New Mt. Pilgrim Baptist Church.

What a wonderful weekend it was! Pastor and Sis. Matthews had the famous Matthews' smiles lovingly crafted on their faces that radiated the whole room. The services were well attended and the church and choir were on fire as we ushered in the Holy Spirit with our praises of thanksgiving,

worship and joy for having an under-shepherd and leader who has been endowed spiritually from on High.

Pastor and Sis. Matthews we love you, thank God for you, and pray God for many more years of leadership, followship and fellowship. Amen.